



ARKLOW BAY
CONFERENCE & LEISURE HOTEL



TREATMENTS MENU

THE BAY BEAUTY ROOMS



ELEMIS

SPA THERAPY

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TOUCH: ANTI-AGEING

ELEMIS Pro-Collagen Age Defy

60 Mins €85

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral.

ELEMIS Pro-Definition Lift and Contour

60 mins €85

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

ELEMIS Dynamic Resurfacing Precision Peel

60 mins €70

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

*Independent Clinical Trials

ELEMIS Superfood Pro-Radiance

60 Mins €85

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health. *Independent Clinical Trials.

The Beauty Rooms Signature Facial

50 mins €65

Customised to your skin type, using a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew, nourish and balance the skin.

BODY: MASSAGE

ELEMIS Freestyle Deep Tissue Massage

60 mins €80

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Swedish Massage

A relaxing yet rejuvenating massage.

Promotes health and well-being by increasing oxygen flow eliminating toxins.

FULL BODY MASSAGE

60 mins €65

BACK MASSAGE

30 mins €40

Hot Stone Massage

Hot stones placed on key energy points of the body to harmonise the spirit, goes beyond the physical experience of a typical massage, invigorating both body and mind.

HOT STONE FULL BODY MASSAGE 60 mins €80

HOT STONE BACK MASSAGE 35 mins €45

Beauty Rooms Signature Collection

40 mins €50

A truly blissful back, neck shoulder massage and scalp massage. Using a combination of Swedish and Indian head massage techniques to alleviate stress and promote ultimate relaxation.

Cellutox Spa Ocean Wrap 60 mins €75

Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying juniper and lemon. Enjoy a facial massage and de stress scalp treatment. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention, fatigue and aching muscles.

ELEMIS Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani 30 mins €50

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

REFLEXOLOGY

40 mins €60

ELEMIS Peaceful Pregnancy Massage

75 mins €75

This unique therapy is good for you and your baby. The ultimate in comfort and relaxation. Helps relieve back tension, swollen hands and feet, eases the mind and lifts spirits.

IMAGE PEELS

Ormedic Lift

45 mins €89

This non chemical peel naturally rebalances regenerates and restores your skin using organic ingredients with medical effectiveness.

Signature Facelift

30 mins €89

This revolutionary treatment performed in four layers will change the texture and tone of your skin in just one application.

Lightening Lift

30 mins €89

This highly effective treatment blends kojic and lactic acids with a cocktail of botanical lightening agents to reduce sunspots, brown spots and redness caused by rosacea and acne scarring.

Acne Lift

30 mins €89

This potent blend of alpha and beta hydroxyl acids contains anti-inflammatory agents to effectively treat and heal mild to moderate acne.

IMAGE FACIALS

The Max Stem Cell Facial

50 mins €85

This treatment strikes the ideal balance between a gentle peel and a therapeutic facial and is designed to really target wrinkles and elasticity concerns.

Be Clear Purifying Facial

50 mins €85

This treatment combines anti bacterial peptides and salicylic acid with soothing anti inflammatory botanicals. Ideal for occasional hormonal breakouts or for the individual who craves a deep cleanse at a cellular level.

Antioxidant Anti-Ageing Facial

50 mins €85

Replenish what your lifestyle diminishes. This cleansing and invigorating vitamin infused treatment will deliver tightening, lightening brightening and nourishing hydration to your skin.

O2 Lift

50 mins €85

This luxurious treatment infuses oxygen, plant derived anti ageing stem cells, peptides and a high concentration of enzymatic botanicals to the skin leaving it luminous, refreshed and rejuvenated.

EYES

Yummi Lashes (LVL)	€55
Eyebrow Tinting	€12
Eyelash Tinting	€14
Eyebrow Tweeze or Wax	€12
Eye Trio [all 3 above]	€25
Individual lashes [lasts up to 1 week]	€25

*any tinting procedure requires a patch test prior to treatment

WAXING

Lip wax	€12
Chin Wax	€12
Lip & Chin	€20
Underarm	€20
Full arm	€25
Full Legs	€30
Half Leg	€20
Bikini Wax [Regular]	€20
Full legs, Bikini & Underarm	€60
Side of face	€15

SPECIALISED WAXING with Waxperts Wax

Californian Wax	€25
Brazilian Wax	€40
Hollywood Wax	€50

THREADING

Eyebrow, lip, chin, side of face	€15
Combine any 2 for	€25

MALE GROOMING

Chest Wax	€20
Back Wax	€30

MAKE UP By Sculpted, Aimee Connolly

Make up application (Including lashes)	€40
Bridal Make up on request	

FINGERS AND TOES

Deluxe Paraffin Manicure €60

Want the perfect hands, then The Bay's manicure is for you, combining the replenishing qualities of paraffin with cuticle work, nail shaping and the polish of your choice.

Deluxe Paraffin Pedicure €60

Will put a spring back in your step! This pedicure removes hard skin and includes a foot and leg massage plus a paraffin treatment and then a toe polish.

Express Manicure €30

Express Pedicure €30

File and polish €15

French file and polish €20

Shellac Nails €25

TANNING

Vita Liberata Tan –

Organic, non-toxic and odourless spray tan

Full Body €25

Half Body €15

Hot Stone Massage and Urban Facial

60 mins €75

Relaxing destress massage and skin detox facial. This high performance treatment is specifically designed for men, it combines deep cleansing facial with a hot stone back massage to improve total body performance.